



Trails 9th Annual Fitness & Wellness Fair Saturday, Sept 15th 9:00am-12:00

**PLEASE JOIN US FOR A FUN DAY OF
HEALTH, FITNESS AND WELLNESS!**

Lotus Holistic Health & Spa

EatLiveFit Nutritional Coaching

Fit Physical Therapy

Cozy Communications

Lovett Family Chiropractic

South Metro Fire Department

Cherry Creek Retirement Village

Juice Plus

doTerra

Kona Ice

Damsel In Defense

Organo Gold

JioGrip

Body Fat Testing

Refreshments and MORE!

*For More Information
Call 303-269-8409*

*FREE TO
THE PUBLIC*

WE HOPE YOU TO SEE YOU AT THIS GREAT EVENT!



Trails Recreation Center
16799 E. Lake Ave, Centennial CO 80016

